

# Life Styles Inventory™

## Instructions

- Consider each word or phrase separately.
- Be as open and accurate about yourself as possible.
- Use a "2" if the word or phrase is like you most of the time.
- Use a "1" if the word or phrase is like you quite often.
- Use a "0" if the word or phrase is essentially unlike you.

Please start here and work down the columns.  
(Use pencil or ballpoint pen; **press hard.**)

- |  |  |   |  |
|--|--|---|--|
| <input type="checkbox"/> humanistic    | <input type="checkbox"/> develops others                   | <input type="checkbox"/> thinks of others       | <input type="checkbox"/> willing to take time with people    |
| <input type="checkbox"/> thoughtful    | <input type="checkbox"/> makes others think for themselves | <input type="checkbox"/> enjoys teaching others | <input type="checkbox"/> sees others as basically good       |
| <input type="checkbox"/> understanding | <input type="checkbox"/> supportive of others              | <input type="checkbox"/> good teacher           | <input type="checkbox"/> enjoys settling disputes            |
|  |  |   | <input type="checkbox"/> sought out by others for assistance |
|  |  |   | <input type="checkbox"/> respects confidences                |
|  |  |   | <input type="checkbox"/> forgives anything                   |
|  |  |   | <input type="checkbox"/> upset if not accepted by others     |
|  |  |   | <input type="checkbox"/> does things for approval only       |



## *Life Styles Inventory™ (LSI) 1* Hand-scored Inventory Items Page Sample 1

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E. How effectively do you feel you *manage your time*?

Not so well. 1 2 3 4 5 6 7 Very effectively.

F. Do you feel you are *ready for a promotion to a position of greater responsibility*?

Not quite ready; need more time. 1 2 3 4 5 6 7 Well prepared; ready to move up.

G. How much support do you feel you receive from your organization to do well?

Very little support/encouragement. 1 2 3 4 5 6 7 A great deal of support/encouragement.

H. How *open and truthful* were you in completing this *Inventory*?

Somewhat guarded; felt uncomfortable answering honestly. 1 2 3 4 5 6 7 Very open; felt comfortable answering honestly.

I. How would you react to any *negative feedback* you might receive from this program?

Defensively; perhaps would become angry or deny it. 1 2 3 4 5 6 7 Constructively; would accept and use it.

J. At this stage of your career, how interested are you in *improving yourself*?

Not very interested; I don't spend much time on self-development activities. 1 2 3 4 5 6 7 Extremely interested; I actively seek ideas for self-development.

K. Do you think you would be able to *change your behavior*—adjust your personal style—if you desired to do so?

Probably not. 1 2 3 4 5 6 7 Definitely yes.



## *Life Styles Inventory*<sup>™</sup> (LSI) 1 Hand-scored Inventory Items Page Sample 2

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**Code Number of Person You Are Describing** \_\_\_\_\_

You are describing (please check the one most applicable):

- Peer     Subordinate     Superior     Family Member     Other \_\_\_\_\_

Please start here and work down the columns.

(Use pencil or ballpoint pen; press hard.)

↓

_____ humanistic	_____ develops others	_____ thinks of others	_____ willing to take time with people
_____ thoughtful	_____ makes others think for themselves	_____ enjoys teaching others	_____ sees others as basically good
_____ understanding	_____ supportive of others	_____ good teacher	_____ enjoys settling disputes
			_____ sought out by others for assistance
			_____ respects confidences
			_____ forgives anything
			_____ upset if not accepted by others
			_____ does things for approval only



*Life Styles Inventory™ (LSI) 2*  
**Hand-scored Inventory**  
**Items Page Sample**

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## LSI 2 Summary Perceptions

The two responses to each question below represent opposing viewpoints. Please check the box (1-7) you think is most descriptive.

A. How do you view this person's level of effectiveness in his/her assignment?

Marginal; not as effective as he/she could be

Excellent; gets things done and maintains high standards

1 2 3 4 5 6 7

B. How would you describe the quality of this person's work relationships with others?

Does not get along with others; is better off working alone

Gets along well with others

1 2 3 4 5 6 7

C. How do you view this person's level of stress and tension on the job?

Relaxed; at ease

Tense; under stress

1 2 3 4 5 6 7

D. How well do you think this person fits in as a member of his/her organization?

Not well at all; would be better off somewhere else

Extremely well; a perfect fit with the organization

1 2 3 4 5 6 7

E. How well do you think this person manages his/her time?

Not well at all; manages time poorly

Extremely well; manages time effectively

1 2 3 4 5 6 7



## *Life Styles Inventory™ (LSI) 2* Hand-scored Inventory Summary Perceptions Page Sample

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